



U.S. Headquarters
1250 H Street NW
Suite 300
Washington, DC 20005

Your Safety: Please Read

Welcome to the Cultural Vistas family! We want you to have a safe and positive learning experience in the U.S. As a foreign visitor, perhaps with limited English, we want you to be aware of the laws and resources in the United States that protect you if you ever need it.

Law Enforcement

The primary duty of the police is to serve and protect you, and you should not hesitate to seek help. For any emergency in the United States, you can dial 9-1-1. This would include a car accident, medical emergency and if you are the victim of a crime. The proper authorities will be contacted and sent to your location.

Sexual Harassment

Sexual harassment consists of unwanted sexual advances, requests for sexual favors, or other physical or verbal behavior of a sexual nature. This is not ok in the United States whether at work, school or your apartment. If you feel you are being sexually harassed in any way, it is important to tell someone. Speak to a friend, your workplace human resources office, or any Cultural Vistas staff member who can advise you.

Labor Abuse and Trafficking

You should always feel safe at your training site. Labor trafficking is defined as a labor or service compelled by force, fraud, or coercion. Labor traffickers use violence, threats, lies, and other forms of coercion to force people to work against their will in many different industries. This includes but is not limited to sex trafficking. If something is occurring at your workplace that does not make you feel safe, please contact us on our **emergency line: 240-240-7511**. We are your advocate to ensure a safe and enriching program.

Identity Theft

Never give your credit card, bank account or Social Security Number to anyone unless you are involved in a transaction to purchase a product, service, or benefit. You may be giving valuable personal information to someone who will use it illegally. There are many email scams that ask you to confirm account numbers or personal information that may seem legitimate.

Additionally, do not give your passport or original DS-2019 to anyone to hold for you. Someone trying to take advantage of you may use these papers to coerce you. Your host company and some other government agencies will likely need a copy of your visa information and passport to confirm your authorization to participate in the program. Your host company will also need your Social Security Number.

Cultural Vistas will do everything we can to help you if you find yourself in an unsafe situation.

Would you like more information about what you can do to prevent human trafficking as a foreign national in the U.S.? Visit www.polarisproject.org for advocacy resources.